

Wedding Yoga



Weddings can be stressful, and we here at Sweat Yoga want to bring some calm to you before saying 'I do'.

Our certified instructors curate a relaxing experience, leaving you with a calmly energized as you prepare to walk down the aisle. We even finish the class with our signature lavender clothes, complete with gentle head massage. We also work with bachelorettes who are looking for something unique to do with their girlfriends!

For inquiries, please email Anna.Moore@sweatyogafitness.com or call 405-714-9584 to set up a free consultation.



809 S Main St
Stillwater, OK 74074
405-714-9584

Silver

Starting at \$90

- Customized 60 minute yoga class.
- Can be hosted at Sweat Studio or at a location of your choice

Gold

Starting at \$150

- Customized 60 minute yoga class.
- Can be hosted at Sweat Studio or at a location of your choice
- Hydration package included

Platinum

Starting at \$225

- Customized 60 minute yoga class.
- Can be hosted at Sweat Studio or at a location of your choice
- Hydration packaged included
- Customizable, nutritious snacks included

Hydration package consists of your choice of premium still and sparkling water, coconut water, organic juices and/or kombucha.

Snack packages are fully customizable. We source from local producers and restaurants to create your menu.

*Packages priced at five attendants; additional participants will incur extra charges. Cost subject to change depending on selection of beverages and snacks. Mileage will be added to locations outside of Stillwater.